



You have
a **RIGHT**
to a ...

LIFE FREE OF VIOLENCE

frauenberatung-noe.at

Violence doesn't start with the first strike!

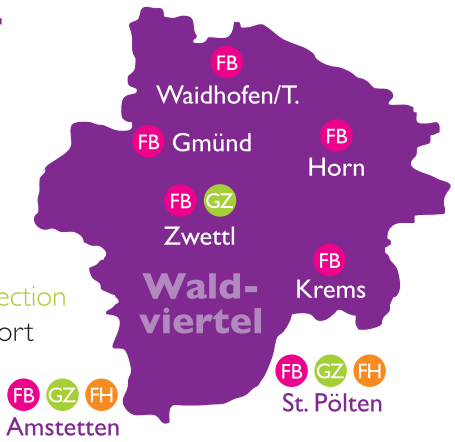
Violence is ...

- being humiliated, devalued or insulted
 - being pushed, tied or locked up
- being controlled, chased or threatened
 - having to justify every action
 - having to beg for every euro
 - being forced to have sex

... when you are afraid

YOU ARE NOT ALONE!

- FB** Women and Girls counselling centres,
- FH** Women's shelters
- GZ** and Centers for protection against violence support you on your path to a life free of violence.



women-specific - competent - confidential - free

We offer information, personal and legal counselling, accompaniment to police stations and to court and secure housing.

FB frauenberatung-noe.at

- Gmünd 02852 20357 **FB**
- Krems 02732 85555 **FH**
- Waidhofen/Thaya 02842 20132 **GZ**
- Zwettl + Horn 02822 52271
- St. Pölten 0676 3094773
- Amstetten 07472 63297

FH frauenhaeuser-niederoesterreich.at

- St. Pölten 02742 366514
- Amstetten 07472 66500

GZ gewaltschutzzentrum-noe.at

- Zwettl 02822 53003
- St. Pölten + Amstetten 02742 31966

Emergency contacts

- Police 133
- Women's helpline 0800 222 555
- NÖ-Women's counselling 0800 800 810

A APOTHEKERMAMMER
NIEDERÖSTERREICH

SPAR 

**FK
NÖ**
ÄRZTEKAMMER FÜR
NIEDERÖSTERREICH

